



INTERAS ApS - Denmark

Connecting EU Education, Inspiring the Future

Why INTERAS? Why Denmark?

Over 200
participants
hosted

from Romania, Greece,
Turkey, Portugal, Italy and
Sweden

Direct
collaborations
in Denmark

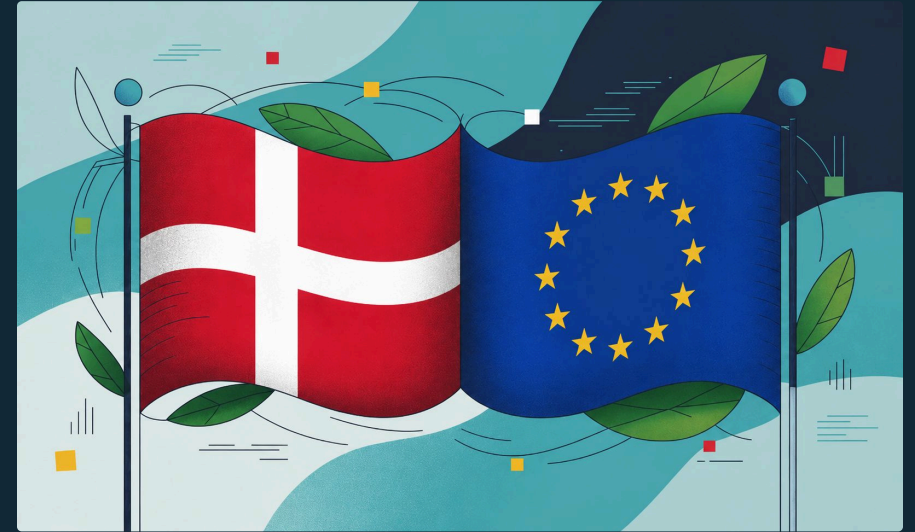
with Danish schools,
universities and local
companies

Accredited
Erasmus+
partner

OID E10374536, with
experience in SCH, VET
and ADU

Expertise from
educational
leadership

founder and trainers with
European experience



Denmark inspires excellence

Top-tier education system, with an emphasis on
inclusion, innovation and sustainability.



What do you concretely receive through INTERAS?



🎓 Erasmus+ Training Courses in Denmark

European-recognised training for teachers, head teachers and teaching staff



🏫 Access to top Danish schools

Job shadowing in institutions with innovative practices in inclusion and modern pedagogy



👥 Group mobilities for pupils

School exchanges and placements organised entirely by INTERAS



📋 Complete consultancy for Erasmus projects

From drafting to final reporting

INTERAS in figures

Concrete evidence of our experience and impact in Erasmus+

200+

Participants

From 6 European countries:

Romania, Greece, Turkey, Portugal, Italy, Sweden

15+

Erasmus+ activities

Organised in the period 2025-2026

10+

Danish partners

Danish partner schools and institutions

3

Types of programmes

SCH, VET and ADU

8

Main themes

For training in the 2026-2027 catalogue

100%

Support for applicants

Free webinars in Romanian and English

Erasmus+ Activities

INTERAS ApS is particularly active within the Erasmus+ programmes:

- Organisation of professional training courses in Denmark
- Coordination and hosting of mobilities and work placements for pupils
- Job-shadowing activities in Danish educational institutions



Consultancy in European projects:

We offer specialised consultancy in all stages of Erasmus+ projects and other European programmes:

Identification

Identifying educational themes and priorities

Reporting

Reporting and dissemination



Writing

Writing and submitting projects

Management

Managing implementation and monitoring results

Evaluation

Evaluating project quality

Section I

Erasmus+ School Education (SCH)

Structured courses · Job Shadowing · Group mobilities for pupils

Programmes dedicated to teachers, headteachers, and pupils in pre-university education

What do we offer within SCH?



🎓 Structured training courses (Structured Courses)

5-day courses in Denmark for teachers and headteachers

Topics: school leadership, inclusion, digitalisation, European citizenship

Erasmus+ recognised certificates



👤 Job shadowing for teaching staff

Direct observation in top Danish schools

Partner institutions: FGU Hjørring, Soendervangskolen Hammel, Rosborg Vejle, schools in Aalborg, Aarhus and Copenhagen

Ideal for teachers who want to see how Danish education works



🚌 Group mobility for pupils (KA121, KA122-SCH)

School exchanges and educational activities in Denmark

Visits to Danish secondary schools, practical activities, cultural experiences

Complete organisation: accommodation, transport, educational programme



Section II

Erasmus+ Vocational Education & Training (VET)

Work placements · Work Placements · Job Shadowing VET

Programmes for pupils and teachers from technological lyceums and vocational schools



What do we offer within VET?



Work placements for pupils

- Work placements lasting **2–4 weeks** in companies and institutions in Denmark
- **Areas of placement:** commerce, tourism and hospitality, IT, mechanics, electrical engineering and electronics, construction, and other vocational fields, depending on participants' profiles
- **Full organisational package:** identification of the placement host, accommodation, local transport, monitoring throughout the mobility period, and issue of the Europass certificate.



Job shadowing for VET teachers and master craftspeople

- Direct observation in Danish companies and vocational training institutions
- Participation in EuroSkills and other VET excellence events
- Exchange of good practice with Danish trainers

Section III

Erasmus+ Adult Education (ADU)

Adult training · Lifelong Learning · Mobility for trainers

Programmes for trainers, instructors, NGO staff and adult education institutions

What do we offer within ADU?



Training courses for adults and trainers

5-day courses in Denmark for staff from NGOs, community centres, adult education institutions

Themes: Active Ageing, social entrepreneurship, inclusion, non-formal education

Erasmus+ recognised certificates



Observation and good practice exchange mobilities

Study visits to Danish centres for seniors, community organisations, social enterprises

Meetings with Danish specialists in adult education and lifelong learning

Transferable models for participating organisations



Programmes for associations and NGOs

Mobility opportunities for members of educational and cultural associations

Networking and European partnership activities

Support for writing KA153-ADU projects



Section IV

Non-Erasmus Programmes & Special Projects

Educational camps · In-house workshops · Webinars · Consultancy

Educational activities independent of the Erasmus+ programme, open to everyone



What do we offer outside Erasmus+?



Educational camps and trips to Legoland Billund

Packages of 3–7 nights for pupils and children

Accommodation at Lalandia Billund, 2 days at Legoland, visits to Lego House

Økolariet Centre – education for sustainability and the environment

Full organisation: transport, accommodation, educational programme



Our own educational workshops

Cultural and creative workshops for children and young people (e.g. egg decorating, Romanian traditions in Denmark)

Workshops introducing the Danish education system

Romania-Denmark cultural exchange activities



Free webinars in Romanian and English

"Erasmus Accreditation – what it means and how we apply"

"How I prepare the Erasmus KA122 application"

Free online sessions for teachers interested in Erasmus+



Consultancy in European projects

Identifying themes and priorities, writing and submitting projects

Management, monitoring, evaluation and reporting

Full support for all types of Erasmus+ projects

Section V

Portfolio & History – Our Track Record

Projects undertaken · Case studies · Evidence of experience

All our successful activities, organised chronologically by category

Portfolio of activities

Chronological overview

Professional training courses, group mobility for pupils, job shadowing (SCH and VET), work placements (VET), educational workshops, free webinars for writing Erasmus applications, and educational trips or camps

Bridging cultures
inspiring minds



Section V · Portfolio

Erasmus+ SCH – School Education

Courses, workshops, job shadowing and mobilities for teachers
and pupils

Training Course for Educational Managers from Romania and Greece in Copenhagen

21-25 July 2025

"Modern School Management in Europe: From Vision to Action"

Participants from Romania and Greece · Copenhagen · modern school leadership · 21-25 July 2025

The participants explored modern leadership and educational management practices, visited relevant institutions in Copenhagen, and strengthened skills in international collaboration, strategic planning and the application of concrete solutions for school development.



Training course for educational managers from Romania and Turkey in Copenhagen

Managers from Romania and Turkey · Copenhagen · digitalisation and inclusive education · 8-12 December 2025

8-12 December 2025

„School Leadership for Digital Transformation and Inclusive Education"

Participants acquired practical skills in educational leadership, the use of digital tools and the creation of inclusive learning environments. They also explored models of good practice and left with ideas they can apply to the development of their own institutions.



Training course for participants from Romania, Portugal, Italy and Sweden in Copenhagen

22-26 June 2026

„Cyber Confidence - Strengthening Digital Resilience and Ethical Online Engagement"

Participants strengthened their online safety, critical thinking and responsible behaviour in the digital environment. They gained practical methods for preventing risks, protecting data and promoting ethical and resilient participation in online spaces.

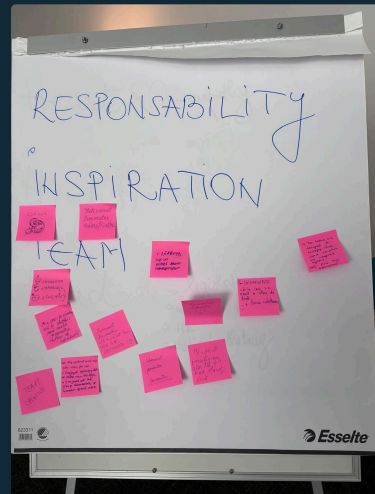


Training course for participants from Romania and Sweden in Aalborg

20-24 July 2026

„Modern School Management in Europe: From Vision to Action“

Participants strengthened their leadership and school management competences. They gained practical strategies for effective decision-making, innovation, quality assurance, staff motivation and European cooperation..



Job shadowing for 4 teachers

4 teachers · FGU Hjørring School · lesson observation for pupils at risk of dropping out · 6-11 May 2025

Between 6–11 May 2025, four teachers from Romania took part in an intensive Erasmus+ job shadowing programme at FGU Hjørring School, to observe practices applied in supporting pupils at risk of dropping out and to identify solutions transferable to their own work.



Job shadowing for 10 school counsellors from CJRAE Arad, Romania

10 school counsellors · FGU Vendsyssel Skolen Hjørring · counselling, inclusion, preventing early school leaving · 25-29 May 2026

25-29.05.2026

FGU Vendsyssel Skolen, Hjørring, Denmark



Student-centred educational support

We understood how personalised counselling and early interventions can reduce the risk of early school leaving and increase pupils' participation in school.



Learning through relationships and community

We observed practices that strengthen trust, motivation and pupil engagement, contributing directly to a more stable and effective educational climate.



Education oriented towards working life

We explored methods through which the school develops practical skills and supports young people's transition towards better social and professional integration.

Group mobility with 11 students from Liceul Tehnologic Ioan N. Roman in Constanța, România

11 students · Liceul Rosborg Vejle · practical biology activities · cultural exchange · 12-16 May 2025

Educational mobility at Liceul Rosborg in Vejle, focused on practical biology activities, international collaboration and learning through direct experience.



DNA extraction from kiwi in biology class



Section V · Portfolio

Erasmus+ VET – Work Placements and Professional Job Shadowing

Activities carried out for students and teachers in vocational and
technical education

Job shadowing activity for participants from Romania at EuroSkills 2025, 9 - 13 September 2025, Herning, Denmark

Participants from Romania · EuroSkills Herning · 30+ occupational fields · VET excellence competitions and demonstrations · 9-13 September 2025



EuroSkills Herning 2025 gave participants from Romania direct access to European standards of excellence, inspiration for professional development and concrete ideas for improving their skills, observing high-performing practices and broadening their perspective on careers in vocational and technical education.

Work placement for 14 students from Colegiul Economic din Arad

14 students · Colegiul Economic Arad · Consult DK · accounting, economics, practical training in Danish companies · 23 nov - 5 dec 2025

In partnership with the Danish company Consult DK
23 November - 5 December 2025



Workshop with a presentation of the Danish education system.



Working meeting with Adrian Ursu, representing the accounting and tax consultancy company Consult DK.



Teamwork on business plans for Danish companies.



Educational visit to the Den Gamle By Museum in Aarhus, studying how trade was carried out in the past.

Work placements for students from Liceul Tehnologic Horia Marghita, județul Bihor, Romania in Aalborg

Students from Bihor · Taverna Zorba Aalborg + Consult DK · hospitality, services, real-world practice in Danish companies · 2-13 March 2026

2-13 March 2026

In partnership with Taverna Zorba Aalborg and Consult DK



Workshop with a presentation of the Danish education system.



Two students from the banquet organisation profile preparing an event.



Meeting with Adrian Ursu, from the accounting and tax consultancy company Consult DK

Work placement for 14 pupils from Colegiul Economic „Nicolae Kretzulescu", Bucharest, Romania

14 pupils · Colegiul Economic Nicolae Kretzulescu Bucharest · Consult DK · digital accounting, Danish platforms, multicultural event · 1-12 June 2026

In partnership with the Danish company Consult DK
1 - 12.06.2026



Introductory workshop dedicated to understanding how companies in Denmark operate and the main practices used in the economic and professional environment.



Practical session dedicated to exploring the features of the Danish platform [Dinero.dk](https://dinero.dk), with a focus on document recording, expense management, invoice issuing and digital receipt collection.



Participation in a multicultural event gave the pupils the opportunity to promote Romanian traditions and culture.



The award ceremony marked the successful completion of the two weeks of vocational placement, carried out in an international environment and focused on developing professional and personal skills.

Section V · Portfolio

Erasmus+ ADU – Adult Education and Lifelong Learning

Activities carried out for trainers, NGOs and educational associations

Training course for representatives of NGOs and companies from Romania and Greece in Aalborg

17-23.05.2026

„Active Ageing in Practice: Danish Methods and Transferable Approaches" - Aalborg, Denmark

Representatives of NGOs and companies from Romania and Greece · Aalborg · Danish active ageing models · transferable methods
· 17-23 May 2026



Danish models of senior engagement

Participants identify practices that increase senior participation, support active learning and can be quickly adapted into community and educational programmes.



Building communities for all ages

Participants gain concrete examples of intergenerational collaboration that they can use to strengthen inclusion, cooperation and local social engagement.



Transferable methods for adult education

Participants leave with tried-and-tested tools and activities, ready to adapt in their own organisations to deliver more relevant, more applied and more effective training.

Mobility for 10 adults, members of the Asociației pentru Dezvoltare Durabilă în Educație from București, România in Aalborg, Danemarca

8 - 12.06.2026

10 adults · Asociația pentru Dezvoltare Durabilă în Educație București · Aalborg · women's entrepreneurship, Danish social enterprises · 8-12 June 2026



At **Du er Smyk**, the participants identified concrete solutions for turning a creative hobby into a sustainable business, with personalised experiences and a stronger relationship with the customer.



At **Bloom Boom Studio**, the participants discovered how creativity and community involvement can support the growth of a local business and generate more resilient models of women's entrepreneurship that are more relevant to the community.



Study visits provided practical reference points on women-led businesses in Denmark, with a focus on innovation, customer relations and transferable good practice that can be applied to support more effective entrepreneurial initiatives with greater impact.

Section V · Portfolio

Non-Erasmus & Special Projects

Educational camps, cultural workshops and our own webinars

Educational Workshop Copenhagen

16 teachers trained · 4 institutions visited · meeting with the Ambassador of Romania · Colegiul Tehnic Gheorghe Airinei, Bucharest
· 22-25 April 2025

Between 22–25 April 2025, INTERAS ApS organised an international workshop in Denmark for 16 teachers from Colegiul Tehnic de Poștă și Telecomunicații „Gheorghe Airinei” in Bucharest, focused on the exchange of good practices and relevant educational experiences.



Visit to the Embassy

The workshop began with a visit to the residence of His Excellency, Mr Anton Niculescu, Ambassador of Romania to the Kingdom of Denmark and Iceland.



University of Copenhagen

The participants visited the University of Copenhagen, where they explored innovative educational methods, modern training spaces and attended a presentation on the Danish education system.



Cultural visits

- Hamlet's Castle (Kronborg)
- Danish Parliament (Christiansborg Slot)
- Ceremony of the Changing of the Guard
- Copenhagen City Hall

Educational Workshop in Copenhagen

Teachers from Romania · Danish education system · visits to institutions · 27 Oct - 1 Nov 2025

27.10.2025 - 01.11.2025:

- gained a practical understanding of how the Danish education system works
- exchanged ideas and good practices with teachers from Danish schools
- observed valuable models in educational and cultural institutions

Participants returned with new perspectives, applicable ideas and inspiration to adapt modern practices in their own educational contexts.



Educational Trip to Legoland Billund - Meloritm Choir from the Children's Palace in Bucharest

Meloritm Choir · National Children's Palace Bucharest · Legoland Billund · charity concert · cultural exchange · 19-22 June 2025

Between 19 and 22 June 2025, the Children's Choir **Meloritm** from the National Children's Palace in Bucharest had a memorable educational experience at Legoland Billund, Denmark.



Inspirational destination

Legoland Billund offered the children a space full of imagination, discovery and learning, in an international setting that encouraged them to explore with joy.



Concert with impact

The choir gave a moving charity concert in Aalborg, giving voice to their talent and turning the artistic moment into an act of solidarity for children in Romania.



Experience that unites

Through music and stage presence, the children proudly represented Romania and experienced the joy of a cultural exchange that made them feel part of a larger community.

This initiative created a valuable experience for the young choir members, in which education, culture and generosity naturally came together.

Educational Excursion in Denmark to Legoland Billund, Vejle and Copenhagen

Students from Colegiul Național Ștefan cel Mare Târgu Neamț · Legoland Billund + Centrul Økolariet + Copenhagen · education, sustainability, culture · 3-8 April 2026

3 - 8 April 2026, an educational excursion for the students of Colegiul National Stefan cel Mare from Targu Neamt, judetul Neamt, Romania



Unique destination

Legoland Billund offers children the opportunity to experience an educational and creative environment in an international setting.



Økolariet

An interactive educational centre dedicated to sustainability, climate change, biodiversity, green energy and environmental protection.



Copenhagen

Exploration of Danish history, traditions and identity through authentic cultural and educational experiences in the heart of the Nordic capital.

This initiative combined education, culture and solidarity in a unique experience for the young members of the choir.

Educational workshop on decorating and painting eggs for children - Aalborg, Danemarca

Children from the Romanian community in Denmark · Aalborg · Romanian Easter traditions · creativity and cultural exchange · 11 aprilie 2026

11.04.2026



Creativity and tradition

The children discovered the joy of decorating and painting eggs, developing their creativity, patience and dexterity through practical activities inspired by Easter traditions.l.



Learning through experience

Participants worked together in a friendly and interactive environment, exploring cultural traditions and developing social skills through collaboration and communication.r.



Interactive workshop

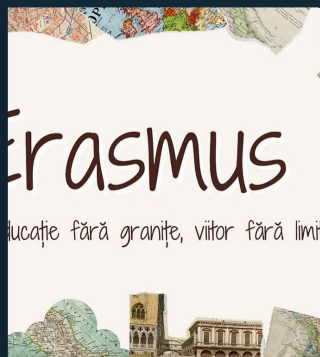
Under the guidance of the organisers, the children learned different egg-decorating techniques and created their own personalised items in an educational and fun atmosphere.

Free webinar in Romanian “Erasmus Accreditation” — what it means and how we apply

Free webinar · teaching staff from Romania · Erasmus accreditation · 8 Sept (18:00-20:00) and 13 Sept 2025 (10:00-13:00)

Monday, 8.09.2025 (18:00–20:00) and Saturday, 13.09.2025 (10:00–13:00)

Erasmus+
Educație fără
granițe, viitor
fără limite



KA121 - Mobilitate pentru organizațiile acreditate

KA121 este acțiunea Erasmus+ destinată organizațiilor care au obținut acreditarea KA120 și doresc să implementeze mobilități pentru elevi, profesori, formatori sau personal educațional. Această acțiune oferă acces simplificat la finanțare, permițând desfășurarea activităților de mobilitate conform Planului Erasmus al organizației acreditate.

Acces simplificat

Finanțare ușor de obținut pentru organizațiile acreditate

Planificare flexibilă

Implementarea conform Planului Erasmus propriu



Prezentare realizată de compania daneză de servicii educaționale INTERAS ApS

INTERAS ApS este o companie educațională cu sediul în Aalborg, Danemarca.

Compania este înregistrată cu cod CAEN 856000 – activități de servicii educaționale și de sprijin în educație și deține codul de identificare organizațională (OID) Erasmus EIO374536.

Prezentarea companiei INTERAS ApS:



Prepare the Erasmus KA122 application with impact

Free webinar in Romanian

„How do I prepare the Erasmus KA122 application, short-term mobility”

Free webinar · teaching staff from Romania · KA122 short-term mobility application · 4 February 2026 (17:00-20:00)

Wednesday, 4 February 2026 · 17:00 – 20:00

Ghid de completare candidatură KA122 SCH

Proiecte de mobilitate de scurtă durată în domeniul școlar - SCH

Are la bază materialul existent pe site-ul www.erasmusplus.ro



KA122 - Proiecte de mobilitate pe termen scurt

KA122 este acțiunea Erasmus+ destinată organizațiilor care nu dețin acreditare KA120, dar doresc să implementeze proiecte de mobilitate pe termen scurt în domeniul educației școlare, educației și formării profesionale (VET) și educației adulților.

Această acțiune permite instituțiilor să exploreze beneficiile mobilității internaționale înainte de a solicita acreditarea.

Fiecare instituție poate depune o singură aplicație.

Fără acreditare

Acces la mobilitate fără cerința acreditării KA120

Termen scurt

Proiecte cu durată între 6 și 18 luni

Explorare

Testarea programului înainte de acreditare

Erasmus+ VET: Proiecte de Mobilitate de Scurtă Durată

Ghid pentru Completarea Candidaturii



European partner network

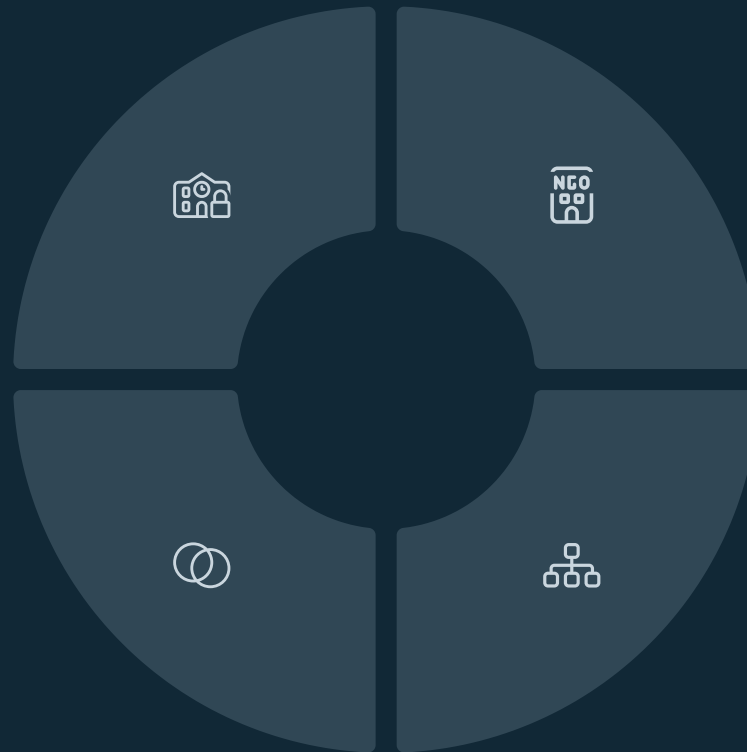
We actively collaborate with:

Educational institutions

Schools and colleges in
Romania, Greece, Germany, Italy,
Spain, France, Czechia, Croatia

Partnerships

International Erasmus+ partnerships
and other European programmes



Educational authorities

School inspectorates and educational
authorities

Organisations

NGOs and educational centres

Training programmes 2026 - 2027

Main themes: (Details of the courses in the catalogue can be found on our website www.interas.dk)



Theme I. Inclusion, Emotional Well-being, and Safe Learning Environments

Theme II. Digital Transformation and Digital Competences

Theme III. Sustainable Education and Green Transition

Theme IV. European Values, Democracy and Active Citizenship

Theme V. Educational Leadership, Innovation and School Management

Theme VI. Adult Education, Community Learning and Social Impact

Theme VII. Communication, Presentation and Personal Development

Theme VIII. English for Education and International Cooperation

Educational excursions and camps at Legoland Billund

- Excursions/ camps (3, 4, 5, 6, 7 nights)
- Accommodation at Lalandia Billund and two-day admission to Legoland. Visits to Legohouse, nature parks and other attractions depending on the duration of the camp



Why collaborate with us

Proven expertise

Proven expertise in education and project management

Tailored programmes

Tailored programmes adapted to the needs of institutions

Flexibility

Flexibility and openness to new collaborations

Reliable partner

A reliable and professional partner in European projects

Wide network

A wide network of educational contacts in Europe



Contact details



Website

www.interas.dk



Email

office@interas.dk



Telephone

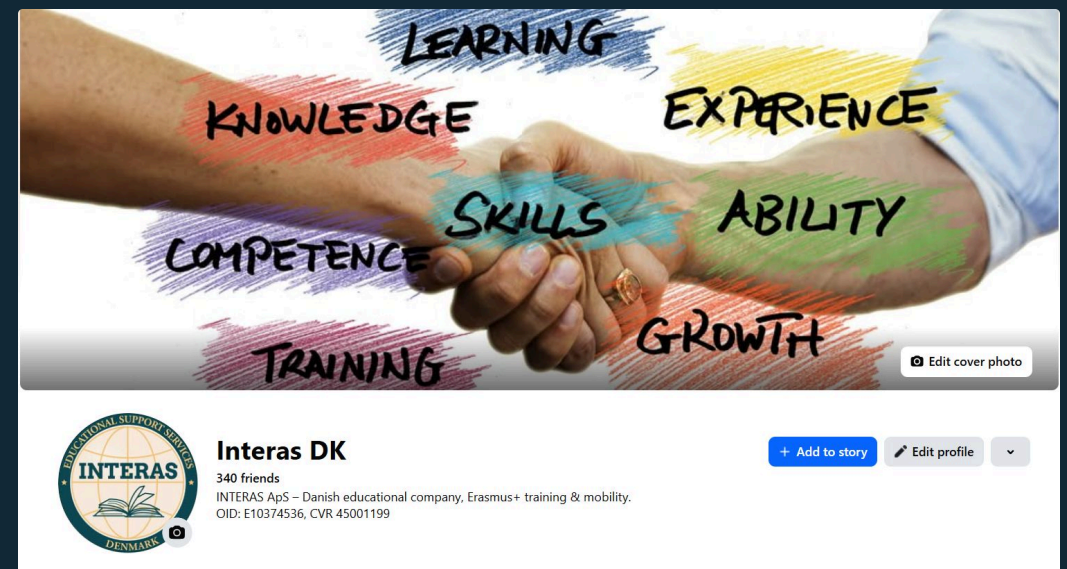
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Our Facebook profile

[Interas DK](#)



Thank you!

INTERAS ApS

Connecting EU Education, Inspiring the Future

We are dedicated to supporting quality education and the personal and professional development of teachers, pupils and young people across Europe.

Contact us to discuss how we can collaborate on European educational projects!

